



# DHS Wrestling

## 2022-23



| <u>Date</u>   | <u>Event</u>                                     | <u>Site</u>        | <u>Time</u> |
|---------------|--|--------------------|-------------|
| 12/14/2022    | Fairfield Warde                                  | Home               | 6:30 pm     |
| 12/16-17/2022 | @ Beast of the East                              | Newark, DE         | 9:00 am     |
| 12/21/2022    | @ Brien McMahon                                  | Norwalk            | 6:30 pm     |
| 12/23/2022    | @ Darien/Staples/Stamford                        | Darien             | 3:00 pm     |
| 12/26/2022    | @ Trumbull JV Tournament                         | Trumbull           | 9:00 am     |
| 12/28/2022    | Ryan Sabbagh Holiday Tournament                  | Home               | 9:15 am     |
| 1/4/2023      | Trumbull   | Home               | 4:30 pm     |
| 1/6-7/2023    | @ Sanford Wrestling Annual Tournament (SWAT)     | Sanford, ME        | TBA         |
| 1/11/2023     | @ Norwalk  | Norwalk            | 6:30 pm     |
| 1/14/2023     | @ Trumbull JV Duals                              | Trumbull           | 9:00 am     |
| 1/13-14/2023  | @ Eastern States Classic                         | Loch Sheldrake, NY | TBD         |
| 1/16/2023     | @ Mount Anthony Union                            | Bennington, VT     | 5:00 pm     |
| 1/18/2023     | @ Ridgefield                                     | Ridgefield         | 5:00 pm     |
| 1/21/2023     | Patton JV Tournament                             | Home               | 9:30 am     |
| 1/25/2023     | Westhill   | Home               | 4:00 pm     |
| 1/28/2023     | Timberlane/Simsbury/Nashoba Valley               | Plaistow, NH       | 10:00 am    |
| 1/28/2023     | Brookfield Tournament - B Team                   | Brookfield, CT     | 10:00 am    |
| 2/3/2023      | Xavier   | Home               | 5:00 pm     |
| 2/7/2023      | Greenwich  | Home               | 5:00 pm     |
| 2/10-11/2023  | @ FCIAC's  | New Canaan         | 4:30 pm     |
| 2/17-18/2023  | @ State LL's                                     | Trumbull           | 5:00 pm     |
| 2/20/2023     | @ Simsbury JV Tournament                         | Simsbury           | 9:30 am     |
| 2/24-25/2023  | @ State Open                                     | New Haven          | 5:00 pm     |
| 3/3-4/2023    | @ New England's                                  | Providence, RI     | 5:00 pm     |
| 3/23-26/2023  | @ Freshman/Sophomore/<br>Junior/Senior Nationals | Virginia Beach, VA | TBD         |

All dates and times are subject to change, ask coaching staff for updates.

**Head Coach:**    **Phone Numbers**

Mike Silvestri    203-994-0775

**Assistant Coach:**

Keith Lynch

Thomas Ferrell

Pat Larkin