



# DHS Wrestling 2021-22



<u>Date</u>	<u>Event</u>	<u>Site</u>	<u>Time</u>
12/15/2021	St. Joseph	Home	5:00 pm
12/18-19/2021	@ Beast of the East	Newark, DE	9:00 am
12/22/2021	Fairfield Ludlowe/Wilton	Home	5:00 pm
12/27/2021	@ Trumbull JV Tourney	Trumbull	10:00 am
12/29/2021	Ryan Sabbagh Holiday Tournament	Home	10:00 am
1/4/2022	@ Ridgefield/New Milford JV	Ridgefield	4:30 pm
1/5/2022	New Canaan	Home	6:00 pm
1/7-8/2022	@ Sanford Wrestling Annual Tournament (SWAT)	Sanford, ME	TBA
1/8/2022	@ Trumbull JV Duals	Trumbull	10:00 am
1/10/2022	Fairfield Warde JV	Home	3:30 pm
1/12/2022	@ Trumbull	Trumbull	5:00 pm
1/14-15/2022	@ Eastern States Classic	Loch Sheldrake, NY	TBD
1/14/2022	Fairfield Warde	Fairfield Warde	5:00 pm
1/17/2022	@ Mount Anthony Union	Bennington, VT	5:00 pm
1/19/2022	Brien McMahon	Home	5:00 pm
1/22/2022	Patton JV Tournament	Home	9:30 am
1/26/2022	@ Westhill	Westhill	6:00 pm
1/29/2022	@ Timberlane/Simsbury/Nashoba Valley	Plaistow, NH	10:00 am
1/29/2022	@ Brookfield Duals Tourney (B Team)	Brookfield	10:00 am
2/2/2022	@ Greenwich	Greenwich	5:00 pm
2/4/2022	Norwalk/New Milford	Home	5:00 pm
2/8/2022	@ Staples	Westport	7:00 pm
2/11-12/2022	@ FCIAC's	New Canaan	4:30 pm
2/18-19/2022	@ State LL's	Trumbull	5:00 pm
2/21/2022	@ President's Day JV Tournament	Pomperaug	10:00 am
2/25-26/2022	@ State Open	New Haven	5:00 pm
3/4-5/2022	@ New England's	Providence, RI	5:00 pm
3/24-27/2022	@ Freshman/Sophomore/ Junior/Senior Nationals	Virginia Beach, VA	TBD

All dates and times are subject to change, ask coaching staff for updates.

### Head Coach: Phone Numbers

Ricky Shook 203-790-0581 (H); 203-748-1933 (W); 203-948-6013 (C)

### Assistant Coach:

Keith Lynch

Thomas Ferrell

### Weightlifting Coach:

Abi Scudder 203-438-0569