

# DHS Gym and Practice Schedule

Indoor Gym Spaces	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<i>WEEK OF 2/4-2/10</i>	4-Feb	5-Feb	6-Feb	7-Feb	8-Feb	9-Feb	10-Feb
<b>Old Gym Gym 1</b>	GB 9:00-11:00 BB 11:00-1:00	IN 2:30-4:30 FG 4:30-6:30 WG 6:30-8:30	IN 2:30-4:30 FG 4:30-6:30 GLAX 6:30-8:30	UB 2:00-3:00 IN 3:00-4:30 FG 4:30-6:30 WG 6:30-8:30	IN 2:30-4:30 FG 4:30-6:30 WG 6:30-8:30	IN 2:30-4:30 OPEN 4:30-6:30	DHS Practices 8-1
<b>Main Gym Gym 2</b>	GB 9:00-11:00 BB 11:00-1:00	FB 2:30-4:30 BB 4:30-6:30 GB 6:30-8:30	<b>GB vs. Trinity Catholic V 5:30 JV 4:00</b>	FB 2:30-4:30 BB 4:30-6:30 GB 6:30-8:30	FB 2:30-4:30 BB 4:30-6:30 GB 6:30-8:30	<b>BB vs. Bridgeport Central V 7:00 JV 5:15 FR 4:00</b>	DHS Practices 8-1
<b>New Gym Gym 3</b>	GB 9:00-11:00 BB 11:00-1:00	WR 2:30-4:30 CH 4:30-6:30 VB 6:30-8:30	WR 2:30-4:30 CH 4:30-6:30 PAL 6:30-8:30	WR 2:30-4:30 CH 4:30-6:30 PAL 6:30-8:30	WR 2:30-4:30 CH 4:30-6:30 PAL 6:30-8:30	CH 3:00-5:00	DHS Practices 8-1
<b>Away Events</b>			<b>BB @ Trinity Catholic V 7 JV 5:15 FR 4</b>		<b>Ski @ Mt. Southington 4:30</b>	GB @ Central V 5:30 JV 4:00 FG @ Stamford 4:00 BIH @ BCR 8:10pm B Swim @ Staples 5:00 WR @ FCIAC's at New Canaan 4:30 GIH @ Avon/Southington/ E. Granby/RHAM 4:30	<b>BIH @ Lenape Valley/Newton NJ 6:00 pm WR @ FCIACS at New Canaan V/JV CH @ Watertown GIH @ Trumbull/St. Joes 8:00 pm B/G IN @ Class LL's 10:00</b>
<b>OFF-SITE PRACTICES AND EVENTS</b>	BIH @ DIA 3:20-4:20 pm	BSWIM @ WCSU 5-6:30 SKI @ Mohawk 4:00 GIH vs Suffield/Enfield/Housy/ Ellington/MLC @ WG 4:30	BIH @ DIA 7:50-8:50 pm B Swim @ WCSU 6-7:30 V CH @ Xtreme 4:30 GIH @ WG 5:20-6:20 am	BIH vs. Sheehan @ DIA 7:40 JV CH @ Premier 3:30 GIH @ WG 4-5 pm GIH vs. Wilton/Norwalk/ McMahon @ WG 3:50	GIH @ WG 5:20-6:20am	GIH @ WG 2:50-3:50 pm	

## USER KEY

Boy's Varsity & Junlor Varsity Basketball: **BB**; Freshmen Boy's Basketball: **FB**; Girl's Varsity & Junior Varsity Basketball: **GB**; Freshmen Girl's Basketball: **FG**;  
Indoor Boys and Girls Track: **IN**; Wrestling: **WR**; V & JV Cheerleading: **CH**; Ice Hockey: **IH**; Winter Guard: **WG**; PAL Cheer: **PAL**; Volleyball: **VB**; Scrimmage: **(S)**  
DAYO Basketball: **DAYO**; B Swimming & Diving: **B Swim**; Marching Band: **MB**; Girls Ice Hockey: **GIH**; Girls Gymnastics: **GGYM**

Indoor Gym Spaces	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	11-Feb	12-Feb	2/13 1 hr release	14-Feb	15-Feb	16-Feb	17-Feb
<b>Old Gym</b> <b>Gym 1</b>	GB 9:00-11:00 BB 11:00-1:00	IN 2:00-4:30 OPEN 4:30-6:30 WG 6:30-8:30	IN 2:30-4:30 FB 4:30-6:30 GLAX 6:30-8:30	UB 2:00-3:00 IN 3:00-4:30 OPEN 4:30-6:30 WG 6:30-8:30	IN 2:30-4:30 FB 4:30-6:30 WG 6:30-8:30	IN 2:30-4:30 FB 4:30-6:30	DHS Practices 8-1
<b>Main Gym</b> <b>Gym 2</b>	GB 9:00-11:00 BB 11:00-1:00	GB vs. Wilton V 7:00 JV 5:15 FR 4:00	FG 2:30-4:30 GB 4:30-6:30 BB 6:30-8:30	BB vs. Greenwich V 7:00 JV 5:15 FR 4:00	FG 2:30-4:30 GB 4:30-6:30 BB 6:30-8:30	FG 2:30-4:30 GB 4:30-6:30 BB 6:30-8:30	
<b>New Gym</b> <b>Gym 3</b>	GB 9:00-11:00 BB 11:00-1:00	CH 2:30-4:30 WR 4:30-6:30 VB 6:30-8:30	WR 1:00-3:00 CH 3:00-5:00 PAL 5:30-8:00	CH 2:30-4:30 WR 4:30-6:30	CH 2:30-4:30 WR 4:30-6:30 PAL 6:30-8:30	CH 3:00-5:00	DHS Practices 8-1
<b>Away Events</b>		BB @ Wilton V 7 JV 5:15 FR 4		BIH @ Lyman Hall/ H-K/Coginchaug 6:15 GB @ Greenwich V 7 JV 5:15 FR 4		WR @ Class LL's at Trumbull 4:45	B/G IN @ State Open 12:00 WR @ LL's 9:00 GIH @ Danvers 9:00
<b>OFF-SITE PRACTICES AND EVENTS</b>	BIH @ DIA 4:40-5:40 pm	B Swlm vs. McMahon/Norwalk @ WCSU 5:30 Ski @ Mohawk 4:00 GIH @ WG 2:50-3:50pm GIH vs. NW Catholic/Mercy @ WG 4:30		JV CH @ Premier 3:30 GIH vs. Ludlowe/Warde @ WG 8:30	GGYM vs. Wilton @ NMHS 5:00 GIH @ WG 5:20-6:20 am		

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