

DHS Gym and Practice Schedule

Indoor Gym Spaces	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<i>WEEK OF 1/28-2/3</i>	28-Jan	29-Jan	30-Jan	31-Jan	1-Feb	2-Feb	3-Feb
Old Gym Gym 1	GB 9:00-11:00 BB 11:00-1:00	IN 2:30-4:30 FB 4:30-6:30 WG 6:30-8:30	IN 2:30-4:30 OPEN 4:30-6:30 GLAX 6:30-8:30	UB 2:00-3:00 IN 3:00-4:30 FB 4:30-6:30 WG 6:30-8:30	IN 2:30-4:30 FB 4:30-6:30 WG 6:30-8:30	IN 2:30-4:30 OPEN 4:30-6:30	DHS Practices 8-1
Main Gym Gym 2	GB 9:00-11:00 BB 11:00-1:00	FG 2:30-4:30 GB 4:30-6:30 BB 6:30-8:30	BB vs. Stamford V 7:00 JV 5:15 FR 4:00	FG 2:30-4:30 GB 4:30-6:30 BB 6:30-8:30	FG 2:30-4:30 GB 4:30-6:30 BB 6:30-8:30	GB vs. Norwalk V 7:00 JV 5:15 FR vs. Pomperaug 3:45	DHS Practices 8-1
New Gym Gym 3	GB 9:00-11:00 BB 11:00-1:00	CH 2:30-4:30 WR 4:30-6:30 VB 6:30-8:30	CH 2:30-4:30 WR 4:30-6:30 PAL 6:30-8:30	CH 2:30-4:30 WR vs. Westhill 5:00 PAL 7:00-9:00	CH 2:30-4:30 WR 4:30-6:30 PAL 6:30-8:30	CH 2:30-4:30 WR 4:30-6:30	DHS Practices 8-1
Away Events		GIH @ Greenwich 5:30	GB @ Stamford V 7 JV 5:15 FR 4		B/G IN @ FCIAC's 4:30 Skl @ Mt. Southington 4:30	BB @ Norwalk V 7 JV 5:15 FR 4 GGYM @ Joel Barlow/Foran 5:30	BIH @ Enfield/ E Granby/Stafford 4:00 V WR @ New Milford 2:00 V/JV CH @ FCIAC's 11:00 B/G IN @ Staples 10:00
OFF-SITE PRACTICES AND EVENTS	BIH @ DIA 3:50-4:50 pm	Skl @ Southington 4-7	BIH @ DIA 7:50-8:50 pm B Swim vs. Ridgfield @ WCSU 5:30 V CH @ Xtreme 4:30 GIH @ WG 5:20-6:20 am	BIH vs. Joel Barlow @ DIA 6:40 JV CH @ Premier 3:30 GIH @ WG 2:50-3:50 pm	B Swim vs. Darlen @ WCSU 5:00 GGYM vs. Pomperaug/Nonnewaug @ NMHS 5:00 GIH @ WG 5:20-6:20 am	BIH @ DIA 7:20-8:20 pm JV BIH vs. Joel Barlow @ DIA 4:30	

USER KEY

Boy's Varsity & Junior Varsity Basketball: **BB**; Freshmen Boy's Basketball: **FB**; Girl's Varsity & Junlor Varsity Basketball: **GB**; Freshmen Girl's Basketball: **FG**;
Indoor Boys and Girls Track: **IN**; Wrestling: **WR**; V & JV Cheerleading: **CH**; Ice Hockey: **IH**; Winter Guard: **WG**; PAL Cheer: **PAL**; Volleyball: **VB**; Scrimmage: (**S**)
DAYO Basketball: **DAYO**; B Swimming & Divlng: **B Swim**; Marching Band:**MB**; Girls Ice Hockey:**GIH**; Girls Gymnastics:**GGYM**

DHS Gym and Practice Schedule

Indoor Gym Spaces	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<i>WEEK OF 2/4-2/10</i>	4-Feb	5-Feb	6-Feb	7-Feb	8-Feb	9-Feb	10-Feb
Old Gym Gym 1	GB 9:00-11:00 BB 11:00-1:00	IN 2:30-4:30 FG 4:30-6:30 WG 6:30-8:30	IN 2:30-4:30 FG 4:30-6:30 GLAX 6:30-8:30	UB 2:00-3:00 IN 3:00-4:30 FG 4:30-6:30 WG 6:30-8:30	IN 2:30-4:30 FG 4:30-6:30 WG 6:30-8:30	IN 2:30-4:30 OPEN 4:30-6:30	DHS Practices 8-1
Main Gym Gym 2	GB 9:00-11:00 BB 11:00-1:00	FB 2:30-4:30 BB 4:30-6:30 GB 6:30-8:30	GB vs. Trinity Catholic V 5:30 JV 4:00	FB 2:30-4:30 BB 4:30-6:30 GB 6:30-8:30	FB 2:30-4:30 BB 4:30-6:30 GB 6:30-8:30	BB vs. Bridgeport Central V 7:00 JV 5:15 FR 4:00	DHS Practices 8-1
New Gym Gym 3	GB 9:00-11:00 BB 11:00-1:00	WR 2:30-4:30 CH 4:30-6:30 VB 6:30-8:30	WR 2:30-4:30 CH 4:30-6:30 PAL 6:30-8:30	WR 2:30-4:30 CH 4:30-6:30 PAL 6:30-8:30	WR 2:30-4:30 CH 4:30-6:30 PAL 6:30-8:30	CH 3:00-5:00	DHS Practices 8-1
Away Events			BB @ Trinity Catholic V 7 JV 5:15 FR 4		Ski @ Mt. Southington 4:30	GB @ Central V 5:30 JV 4:00 FG @ Stamford 4:00 BIH @ BCR 8:10pm B Swim @ Staples 5:00 WR @ FCIAC's at New Canaan 4:30 GIH @ Avon/Southington/ E. Granby/RHAM 4:30	BIH @ Lenape Valley/Newton NJ 6:00 pm WR @ FCIACS at New Canaan V/JV CH @ Watertown GIH @ Trumbull/St. Joes 8:00 pm B/G IN @ Class LL's 10:00
OFF-SITE PRACTICES AND EVENTS	BIH @ DIA 3:20-4:20 pm	BSWIM @ WCSU 5-6:30 SKI @ Mohawk 4:00 GIH vs Suffield/Enfield/Housy/ Ellington/MLC @ WG 4:30	BIH @ DIA 7:50-8:50 pm B Swim @ WCSU 6-7:30 V CH @ Xtreme 4:30 GIH @ WG 5:20-6:20 am	BIH vs. Sheehan @ DIA 7:40 JV CH @ Premier 3:30 GIH @ WG 4-5 pm GIH vs. Wilton/Norwalk/ McMahon @ WG 3:50	GIH @ WG 5:20-6:20am	GIH @ WG 2:50-3:50 pm	

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DAYO Basketball: **DAYO**; B Swimming & Diving: **B Swim**; Marching Band: **MB**; Girls Ice Hockey: **GIH**; Girls Gymnastics: **GGYM**