

# DHS Gym and Practice Schedule

Indoor Gym Spaces	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<i>WEEK OF 1/28-2/3</i>	28-Jan	29-Jan	30-Jan	31-Jan	1-Feb	2-Feb	3-Feb
<b>Old Gym Gym 1</b>	GB 9:00-11:00 BB 11:00-1:00	IN 2:30-4:30 FB 4:30-6:30 WG 6:30-8:30	IN 2:30-4:30 OPEN 4:30-6:30 GLAX 6:30-8:30	UB 2:00-3:00 IN 3:00-4:30 FB 4:30-6:30 WG 6:30-8:30	IN 2:30-4:30 FB 4:30-6:30 WG 6:30-8:30	IN 2:30-4:30 OPEN 4:30-6:30	DHS Practices 8-1
<b>Main Gym Gym 2</b>	GB 9:00-11:00 BB 11:00-1:00	FG 2:30-4:30 GB 4:30-6:30 BB 6:30-8:30	<b>BB vs. Stamford</b> V 7:00 JV 5:15 FR 4:00	FG 2:30-4:30 GB 4:30-6:30 BB 6:30-8:30	FG 2:30-4:30 GB 4:30-6:30 BB 6:30-8:30	<b>GB vs. Norwalk</b> V 7:00 JV 5:15 <b>FR vs. Pomperaug</b> 3:45	DHS Practices 8-1
<b>New Gym Gym 3</b>	GB 9:00-11:00 BB 11:00-1:00	CH 2:30-4:30 WR 4:30-6:30 VB 6:30-8:30	CH 2:30-4:30 WR 4:30-6:30 PAL 6:30-8:30	CH 2:30-4:30 <b>WR vs. Westhill 5:00</b> PAL 7:00-9:00	CH 2:30-4:30 WR 4:30-6:30 PAL 6:30-8:30	CH 2:30-4:30 WR 4:30-6:30	DHS Practices 8-1
<b>Away Events</b>		<b>GIH @ Greenwich</b> 5:30	<b>GB @ Stamford</b> V 7 JV 5:15 FR 4		<b>B/G IN @ FCIAC's 4:30</b> Ski @ Mt. Southington 4:30	<b>BB @ Norwalk</b> V 7 JV 5:15 FR 4 <b>GGYM @ Joel</b> Barlow/Foran 6:00	<b>BIH @ Enfield/</b> E Granby/Stafford 4:00 V WR @ New Milford 2:00 V/JV CH @ FCIAC's TBA B/G IN @ Staples 10:00
<b>OFF-SITE PRACTICES AND EVENTS</b>	BIH @ DIA 3:50-4:50 pm	Ski @ Mohawk 4-7 GIH @ WG 2:50-3:50 pm	BIH @ DIA 7:50-8:50 pm B Swim vs. Ridgefield @ WCSU 5:30 CH @ Xtreme 4:30 GIH @ WG 5:20-6:20 am	BIH vs. Joel Barlow @ DIA 6:40 JV CH @ Premier 3:30 GIH @ WG 2:50-3:50 pm	B Swim vs. Darien @ WCSU 5:00 GGYM vs. Pomperaug/Nonnewaug @ NMHS 5:00 GIH @ WG 5:20-6:20 am	BIH @ DIA 7:20-8:20 pm B Swim @ WCSU 5-6:30 JV BIH vs. Joel Barlow @ DIA 4:30	

## USER KEY

Boy's Varsity & Junior Varsity Basketball: **BB**; Freshmen Boy's Basketball: **FB**; Girl's Varsity & Junior Varsity Basketball: **GB**; Freshmen Girl's Basketball: **FG**;  
Indoor Boys and Girls Track: **IN**; Wrestling: **WR**; V & JV Cheerleading: **CH**; Ice Hockey: **IH**; Winter Guard: **WG**; PAL Cheer: **PAL**; Volleyball: **VB**; Scrimmage: **(S)**  
DAYO Basketball: **DAYO**; B Swimming & Diving: **B Swim**; Marching Band: **MB**; Girls Ice Hockey: **GIH**; Girls Gymnastics: **GGYM**