



# DHS Wrestling 2017-18



<u>Date</u>	<u>Event</u>	<u>Site</u>	<u>Time</u>
12/16/17	@ Plainville Invitational - B Team	Plainville	TBD
12/16-17/17	@ Beast of the East	Newark, DE	10:00 am
12/20/17	@ Fairfield Warde	Fairfield	4:30 pm
12/22/17	@ Ridgefield	Ridgefield	7:00 pm
<b>12/27/17</b>	<b>Darien/Norwalk/Staples</b>	<b>Home</b>	<b>10:00 am</b>
<b>12/30/17</b>	<b>Ryan Sabbagh Holiday Tournament</b>	<b>Home</b>	<b>10:00 am</b>
<b>1/3/18</b>	<b>Stamford</b>	<b>Home</b>	<b>10:00 am</b>
1/5-6/18	Sanford Wrestling Annual Tournament (SWAT)	Sanford ME	4:30 pm
1/6/18	@ Bristol Eastern JV Tournament	Bristol Eastern	10:00 am
<b>1/10/18</b>	<b>Trumbull</b>	<b>Home</b>	<b>5:00 pm</b>
1/12-13/18	@ Eastern States Classic	Loch Sheldrake, NY	TBD
1/13/18	@ Trumbull JV Duals	Trumbull	10:00 am
<b>1/15/18</b>	<b>Mount Anthony Union</b>	<b>Home</b>	<b>4:30 pm JV</b> <b>6:00 pm V</b>
1/17/18	@ Greenwich	Greenwich	5:00 pm
<b>1/20/18</b>	<b>Patton JV Tournament</b>	<b>Home</b>	<b>9:30 am</b>
1/22/18	@ New Milford JV Dual	New Milford	4:30 pm
1/27/18	@ Highlander Tournament (B Team)	Portland, CT	10:00 am
<b>1/27/18</b>	<b>Timberlane/Xavier/Nashoba Tech</b>	<b>Home</b>	<b>10:00 am</b>
<b>1/31/18</b>	<b>Westhill</b>	<b>Home</b>	<b>5:00 pm</b>
2/3/18	@ New Milford	New Milford	2:00 pm
2/9-10/18	@ FCIAC's	New Canaan	4:30 pm
2/16-17/18	@ State LL's	Trumbull	5:00 pm
2/19/18	@ JV State's	Pomperaug	10:00 am
2/23-24/18	@ State Open	New Haven	5:00 pm
3/2-3/18	@ New England's	Providence, RI	5:00 pm
3/23-25/18	@ Freshman/Sophomore/ Junior/Senior Nationals	Virginia Beach, VA	TBD

All dates and times are subject to change, ask coaching staff for updates.

### Head Coach: Phone Numbers

Ricky Shook 203-790-0581 (H); 203-748-1933 (W); 203-948-6013 (C)

### Assistant Coach:

James Ascone 203-648-7669

Paul Purdy

Keith Lynch

### Weightlifting Coach:

Abi Scudder 203-438-0569