

DHS Gym and Practice Schedule

Indoor Gym Spaces	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	12-Feb	13-Feb	14-Feb	15-Feb	16-Feb	17-Feb	18-Feb
Old Gym Gym 1		IN 2:30-4:30 FB 4:30-6:30 WG 6:30-8:30	IN 2:30-4:30 FG 4:30-6:30	UB 2:00-3:00 IN 3:00-4:30 OPEN 4:30-6:30 MB 6:30-8:30	IN 2:30-4:30 FB 4:30-6:30 GLAX 6:30-8:30	IN 2:30-4:30 FB 4:30-6:30	DHS Athletic Practices 8-1
Main Gym Gym 2		BB 2:15-3:30 GB 3:30-4:45 FG vs. Trumbull 6:00	GB vs. Bridgeport Central V 5:30 JV 3:45	GB vs. Greenwich V 7:00 JV 5:15 FR 3:45	FG 2:30-4:30 GB 4:30-6:30 BB 6:30-8:30	FG 2:30-4:30 GB 4:30-6:30 BB 6:30-8:30	DHS Athletic Practices 8-1 OR GB FCIAC Qtrs TBA
New Gym Gym 3		WR 2:30-4:30 CH 4:30-6:30 VB 6:30-8:30	WR 2:30-4:30 CH 4:30-6:30 PAL 6:30-8:30	WR 2:30-4:30 CH 4:30-6:30 PAL 6:30-8:30	WR 2:30-4:30 CH 4:30-6:30 PAL 6:30-8:30	CH 2:30-4:30 CH 4:30-6:30	DHS Athletic Practices 8-1
Away Events			BB @ Bridgeport Central V 7, JV 5:15, FR 3:45	BB @ Greenwich V 7 JV 5:15 FR 4 GIH @ Stamford- Westhill-Staples 5:30 B/G IN @ Class LL Championships 4:00		WR @ Class LL's 5:00	WR @ Class LL's TBA V/JV CH @ St. Joes 11:00 B/G IN @ Class LL 12:00 GB @ FCIAC Qtrs TBA GIH @ New Canaan 5:20 pm
OFF-SITE PRACTICES AND EVENTS		IH vs. Joel Barlow @ DIA 7:50 JV CH @ USA 3:00 GIH vs. Mercy/NW Catholic 3:30	B Swim vs. Trumbull @ WCSU 5:00	IH vs. NFI @ DIA 7:40	B Swim vs. Bethel @ WCSU 5:30 GIH vs. Darien @ WG 2:10		BIH vs. Masuk 8:20 pm

USER KEY

Boy's Varsity & Junior Varsity Basketball: **BB**; Freshmen Boy's Basketball: **FB**; Girl's Varsity & Junior Varsity Basketball: **GB**; Freshmen Girl's Basketball: **FG**;
Indoor Boys and Girls Track: **IN**; Wrestling: **WR**; V & JV Cheerleading: **CH**; Ice Hockey: **IH**; Winter Guard: **WG**; PAL Cheer: **PAL**; Volleyball: **VB**; Scrimmage: **(S)**
DAYO Basketball: **DAYO**; B Swimming & Diving: **B Swim**; Marching Band: **MB**

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Indoor Gym Spaces	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	19-Feb	2/20 No School	2/21 No School	22-Feb	23-Feb	24-Feb	25-Feb
Old Gym Gym 1		IN 8:30-11:00 FG 11:00-1:00	IN 8:30-11:00 FG 11:00-1:00	UB 2:00-3:00 IN 3:00-4:30 FG 4:30-6:30 MB 6:30-8:30	IN 2:30-4:30 FG 4:30-6:30	IN 2:30-4:30 Set up for BEST Competition	BEST CHEER COMPETITION
Main Gym Gym 2	BB 10-12 GB 12-2	GB TBA BB vs. Wilton V 2:00 JV 12:15 FR 11:00	FB 8:00-10:00 BB 10:00-12:00 GB 12:00-2:00	BB vs. Trumbull V 7:00 JV 5:15 FR 3:45	FB 2:30-4:30 BB 4:30-6:30 GB 6:30-8:30	BB 2:30-4:30 GB 4:30-6:30 Set up for BEST Competition	BEST CHEER COMPETITION
New Gym Gym 3		CH 10:00-12:00 WR 12:00-2:00	CH 9:00-11:00 WR 11:00-1:00	CH 2:30-4:30 WR 4:30-6:30 GB 6:30-8:30	CH 2:30-4:30 WR 4:30-6:30 PAL 6:30-8:30	UB vs. Bethel 3:00 CH 4:30-6:30 Set up for BEST Competition	BEST CHEER COMPETITION
Away Events		JV WR @ States (Pomperaug) 10:00 B/G IN @ CIAC State Open 4:00	IH @ Milford 6:00 GB @ FCIAC Semi TBA	IH @ Sheehan 7:30 pm GIH @ FCIAC Semi TBA	GB @ FCIAC Final TBA	WR @ State Open 5:00	WR @ State Open TBA JV CH @ NECA TBA BB @ FCIAC Qtrs TBA GIH @ FCIAC Finals TBA
OFF-SITE PRACTICES AND EVENTS		JV CH @ USA 3:00	V CH @ Xtreme 4:30	B Swim @ WCSU 5-6:30	B Swim @ WCSU 5-6:30		\

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Indoor Gym Spaces	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	26-Feb	27-Feb	28-Feb	1-Mar	2-Mar	3-Mar	4-Mar
Old Gym Gym 1		IN 2:30-4:30 OPEN 4:30-6:30 WG 6:30-8:30	IN 2:30-4:30 OPEN 4:30-6:30	UB 2:00-3:00 IN 3:00-4:30	IN 2:30-4:30	IN 2:30-4:30	DHS Athletic Practices 8-1
Main Gym Gym 2	BB 10-12 GB 12-2	GB 2:30-4:30 BB 4:30-6:30	GB 2:30-4:30 BB 4:30-6:30	GB 2:30-4:30 BB 4:30-6:30	GB 2:30-4:30 BB 4:30-6:30	GB 2:30-4:30 BB 4:30-6:30	DHS Athletic Practices 8-1
New Gym Gym 3		WR 2:30-4:30 CH 4:30-6:30 VB 6:30-8:30	WR 2:30-4:30 CH 4:30-6:30 PAL 6:30-8:30	WR 2:30-3:30 CH 4:30-6:30 PAL 6:30-8:30	WR 2:30-3:30 CH 4:30-6:30 PAL 6:30-8:30	CH 3:00	DHS Athletic Practices 8-1
Away Events						WR @ New Englands 5:00	WR @ New Englands V CH @ States TBA
OFF-SITE PRACTICES AND EVENTS		B Swim @ WCSU 5-6:30 JV CH @ USA 3:00	B Swim @ WCSU 5-6:30 V CH @ Xtreme 4:30	B Swim @ WCSU 5-6:30	B Swim @ WCSU 5-6:30	B Swim @ WCSU 5-6:30	

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