

DHS Gym and Practice Schedule

Indoor Gym Spaces	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	31-Jan	1-Feb	2/2 1 hr. release	3-Feb	4-Feb	5-Feb	6-Feb
Old Gym Gym 1		IN 2:30-4:30 OPEN 4:30-6:30 GLAX 6:30-8:30	IN 2:30-4:30 FB 4:30-6:30 WG 6:30-8:30	UB 2:00-3:00 IN 3:00-4:30 FG 4:30-6:30 VB 6:30-8:30	IN 2:30-4:30 FB 4:30-6:30 WG 6:30-8:30	IN 2:30-4:30 OPEN 4:30-6:30	DHS Practices 8-1
Main Gym Gym 2	BB 10-12 GB 12-2	GB vs. Wilton V 6:00 JV 4:30	FG 2:30-4:30 GB 4:30-6:30 BB 6:30-8:30	GB vs. Brien McMahon V 5:30 JV 4:00	FG 2:30-4:30 GB 4:30-6:30 BB 6:30-8:30	GB vs. Trinity Catholic V 7:00 JV 5:15 FR vs. Greenwich 4:00	DHS Practices 8-1
New Gym Gym 3		WR 2:30-4:30 CH 4:30-6:30 VB 6:30-8:30	WR 1:00-4:30 CH 4:30-6:30 PAL 6:30-8:30	V CH 2:30-4:30 JV CH 4:30-6:30 PAL 6:30-8:30	WR 2:30-4:30 JV WR vs. New Milford 4:30 CH 6:30-8:30	WR 2:30-4:30 CH 4:30-6:30	DHS Practices 8-1
Away Events		BB @ Wilton V 7 JV 5:15 FR 4 FG @ Trumbull 4:00		BB @ Brien McMahon V 7 JV 5:15 FR 4 B Swim @ Trumbull 5:00 WR @ Staples 6:00	IH @ Everett, MA 7:00 B/G IN @ FCIACS 4:30 Ski Race @ Mt. Southington 4:00	BB @ Trinity Catholic V 7 JV 5:15 FR 4	V WR @ New Fairfield 10:00 V/JV CH @ FCIACS, Wilton 10:30
OFF-SITE PRACTICES AND EVENTS		B Swim 5-6:30 @ WCSU Ski practice 4:00 @ Mt. Southington IH vs. Joel Barlow @ DIA 7:50	IH 3:10-4:10 @ DIA VCH @ Xtreme 4:30 B Swim 5-6:30 @ WCSU	IH vs. Shepaug @ DIA 8:50	JV CH @ Xtreme 3:30	IH 3:10-4:10 @ DIA B Swim vs. New Canaan @ WCSU 5:00	

USER KEY

Boy's Varsity & Junior Varsity Basketball: **BB**; Freshmen Boy's Basketball: **FB**; Girl's Varsity & Junior Varsity Basketball: **GB**; Freshmen Girl's Basketball: **FG**;
Indoor Boys and Girls Track: **IN**; Wrestling: **WR**; V & JV Cheerleading: **CH**; Ice Hockey: **IH**; Winter Guard: **WG**; PAL Cheer: **PAL**; Volleyball: **VB**; Scrimmage: **(S)**
DAYO Basketball: **DAYO**

WEEK OF January 31st through February 6th