

## **203 Wrestling Club**

### **Goal:**

To teach kids an aggressive style of wrestling and build mental toughness. In order to get better we must first master the basics. To compete at the next level of wrestling we must wrestle OUTSIDE of CT. The 203 will be traveling to a number of out of state tournaments throughout the Spring.

### **Where:**

Danbury PAL Building  
35 Hayestown Road  
Danbury, CT 06811

### **When:**

Time- 6:30-8:30 P.M.

Days- Tuesday, Wednesday and Friday from March 13<sup>th</sup>-June 13<sup>th</sup>

### **Who:**

Any wrestler ages 10 and up. It is highly recommended that all club members bring a wrestling partner.

### **Cost:**

\$330 covers all sessions as well as club T-Shirt. \*\*\*A USA Wrestling Card is required\*\*\*

### **Coach:**

Anthony Hayes  
2X CT Open State Champion  
2X New-England Runner-Up  
2003 Greco-Roman All-American  
2006 CT Junior National Team Assistant Coach  
Division I wrestler at Sacred Heart University

### **Mail to:**

Anthony Hayes  
42 Robinhood Road  
Danbury Ct, 06811

\*\*\*Please make all checks payable to Anthony Hayes\*\*\*

Any questions please call (203) 885-4513 or email at Hazey10185@yahoo.com

Name\_\_\_\_\_

Age\_\_\_\_\_ Weight\_\_\_\_\_ T-Shirt Size\_\_\_\_\_

Goal\_\_\_\_\_