



**Danbury Police Activities League Wrestling Team Parent/Guardian Consent Form**

Wrestler's Name \_\_\_\_\_ Date of Birth \_\_\_\_\_

USA Card# \_\_\_\_\_ E-mail address \_\_\_\_\_ Shirt size \_\_\_\_\_

Mother's Name (First) \_\_\_\_\_ Father's Name (First) \_\_\_\_\_

Parent's/Guardian's Last Name (if different) \_\_\_\_\_

Address \_\_\_\_\_ Home Phone \_\_\_\_\_

City \_\_\_\_\_ Zip \_\_\_\_\_ Cell (if any) \_\_\_\_\_

Grade \_\_\_\_\_ Approx Weight \_\_\_\_\_ Years of Wrestling experience on travel team \_\_\_\_\_

Danbury In-House Team(circle one) King Street, Mill Ridge, or Stadley Rough

Medical Insurance Co. Policy # \_\_\_\_\_ Family Doctor Phone # \_\_\_\_\_

Allergies (general) \_\_\_\_\_ Medications \_\_\_\_\_

Medical Problems \_\_\_\_\_ Recent Injuries \_\_\_\_\_

Medications Presently Taking \_\_\_\_\_

I hereby give my consent for to participate in the Danbury Police Activities league Wrestling Team season, including but not limited to, traveling with coaches and participation in practice sessions, matches and tournaments.

**Parent Signature** \_\_\_\_\_

**Date** \_\_\_\_\_

**VOLUNTARY FORM**

It is extremely difficult to obtain medical services for an injured athlete without obtaining prior written parental/guardian consent. Please review and sign the statement below so that proper medical treatment can be obtained for your child in your absence. This consent is to cover emergencies only when it is impossible to contact a parent/guardian.

I hereby authorize the Danbury Youth Wrestling Association Travel Team coaches in charge of my child named above to obtain all necessary medical care for my child and I hereby authorize any licensed physician and/or medical personal to render any and all necessary medical treatment to my child.

**Parent Signature** \_\_\_\_\_ **Date** \_\_\_\_\_

**MAKE CHECKS PAYABLE TO DYWA for \$139.00 if you have a 2010-2011 USA Wrestling card or 175.00 if you have not purchase a USA Wrestling card since Sept 1, 2010.**

1) **RULES AND REGULATIONS** for Danbury PAL Wrestling Team

- A) **PRACTICE:** All wrestlers are to show up ON TIME for practice. This means wrestling shoes on prior to practice beginning, not walking in w/ street shoes 5 minutes into practice. **PARENTS ARE NOT PERMITTED ON THE MATS DURING PRACTICE**, unless authorized by a coach. There are many reasons for this with the top being safety.
- B) **COMPETITION:** Travel teams are determined through wrestle-offs in the beginning of the season. Coaches have full discretion on when additional wrestle-offs will occur. Friday practices are mandatory for these wrestlers and a non-excused absence will result in a one-match suspension. **If a wrestler misses a team event or leaves before the event is completed (non-excused), will result in a one practice suspension.** Any re-occurring absences may result in dismissal from the team(s).

Excused absence is defined as a school event, Family matter, Illness, extra studying or behind in school home work. You must notify the head coach by e-mail of your need to miss practice prior to 6:00 pm the day of practice or a match. **Notification E-mail address is markcammisa@comcast.net**

- 2) **SCHOOLWORK:** This is a great time for kids to learn how to become a student-athlete. If you are having trouble in school, ask for help, failing is not an option. Wrestlers must be able to balance school and sports to participate. Classroom behavior is included as well. Save your aggression for the mats. Also, let somebody else be the Class Clown and act like the Champion you are training to be.
- 3) **SPORTSMANSHIP:** Always show self-discipline and respect to parents, coaches, teammates, and your opponents. If we fall and are not victorious, we work twice as hard to beat our opponent the next time. **DON'T EVER THROW YOUR HEAD GEAR, CURSE, SLAP THE MAT, LAY THERE LIKE YOU ARE DEAD, OR REFUSE TO SHAKE YOUR OPPONENTS HAND.** Any incident may result in immediate dismissal from the club. You should be proud of Danbury PAL Wrestling on your singlet/uniform, wear it with pride!!!
- 4) **DEDICATION:** Wrestling is not any easy sport. It is not for everyone. It takes a lot of drive and desire to compete at any level. Practice can be fun at times, but we always work hard. It takes mental and physical toughness to get through one of the hardest sport's seasons. You get what you put into this sport. Individual and Team accomplishments do not come easy. You have to work to get results. Every practice you make your drill partner better by pushing him and making him work harder and harder. **THE WAY YOU TRAIN IS THE WAY YOU ARE GOING TO WRESTLE IN COMPETITION.**

I \_\_\_\_\_ and my parent agree to the above rules and regulations, which are  
(wrestler's name)  
agreed to be reasonable and appropriate. It is further agreed that the parents or guardian of the wrestler will stay out of the wrestling room if they or other children who are not participating in practice want to talk or not just sit quietly on the side. Finally, we agree to follow the non harassment policies of USA Wrestling, which we have taken a copy.

\_\_\_\_\_  
Wrestler's signature

\_\_\_\_\_  
Parent's signature

\_\_\_\_\_  
Date