



DHS Wrestling 2008



<u>Date</u>	<u>Event</u>	<u>Site</u>	<u>Time</u>
12/6	Immaculate Scrimmage	Home	4:00pm
12/8	Bridgewater State vs. NYU	Home	2:00pm
12/10	MacArthur Scrimmage	MAC	5:30pm
12/12	Bridgeport/Greenwich	Home	4:00pm
12/15	Plainville B	Plainville	10:00am
12/19	Westhill/New Milford/ Pomperaug	Home	4:00pm
12/21	Mt. Anthony	O'Neill Center @ WCSU	JV/6:00pm V/7:00pm
12/26	Nonnewaug JV	Nonnewaug	10:00am
12/27	Fairfield Warde	Fairfield Warde	10:00am
12/29	Danbury Holiday Tournament	Home	10:00am
1/4-5	Maine Tourney	Maine	TBD
1/9	Staples/Wilton/Darien	Staples	4:00pm
1/11-12	Eastern States	New York	TBD
1/16	Southington	Southington	5:00pm W/I 6:00pm start
1/18	Ridgefield/New Canaan/ Brien McMahon	Home	4:00pm
1/19	Patton JV	Home	9:30am
1/23	Norwalk/Stamford	Home	4:00pm
1/26	NFA/Waterford/Windham/ Bacon Academy/MacArthur	Windham	9:00am
1/30	Fairfield Ludlowe	Home	4:00pm
2/1	Trumbull	Home	4:00pm
2/2	Northern States JV	New Milford	9:00am
2/8-9	FCIAC's	New Canaan	4:30pm
2/15-16	State LL's	Trumbull	5:00pm
2/18	JV STATES	NFA	10:00am
2/22-23	State Open	New Haven	5:00pm
2/29-3/1	New England's	Lowell, MA	5:00pm
3/28-4/1	Fresh/Soph/Jr/SR Nationals	VIRGINA	TBD

-All dates and times are subject to change; ask coaching staff for updates.

-Head Coach:

Ricky Shook

Phone Numbers

-790-0581 (home) 748-1933 (work) 948-6013 (cell phone)

-Assistant Coaches:

Matt Laskowski 203-648-6440

-Weightlifting Coach: - - Abi Scudder - 438-0569